

# Storyboard

## WORDS HAVE WEIGHT



SCENE 1 – LEAVING FOR WORK

Claire is about to exit her house when her husband who is just about to enter, stops her and hands her a note. As soon as Claire takes the note, it feels like she has picked up a 10kg dumbbell and she almost falls on the ground she opens the note.

Note reads: “\*something mean but said in an indirect manner/taunt\*”

Claire puts the note in her bag and it seems like shes carrying a very heavy load as compared to when she left the house



SCENE 2 –AT WORK

The Scene transitions to Claire sitting down at her desk at work. As soon as she sits, her boss approaches her and hands her a note. Her hands almost drop to the floor after accepting the note  
Note reads: “\*something mean but said in an indirect manner\*”

Claire gets up to leave her desk but is struggling to walk as if there is some heavy load that she is dragging around



SCENE 3 – AT THE GYM

Claire is attempting to do a pull up and is clearly struggling. Another older woman sees Claire struggling and hands her a note. Claire immediately feels herself being lifted up and she completes the pull up. Note falls to the ground and the camera zooms in on the note.

Note reads: <\*compliments Claires physique\*>



SCENE 4 – BLACK SCREEN OVERLAY

First line of Text: Even if you can't see it, your words have weight

Second line of Text: Use them Wisely  
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